



# Girls, .... TRY out contact rugby and get CONVERTED!!

We are inviting YOU to attend a free rugby taster session at Sandbach RUFC on 16<sup>th</sup> July 2006 at 1400hrs

Now you have had an opportunity to play tag rugby, we feel sure you have enjoyed it. Why not come and join the most successful Girls Rugby Union squad in the North of England and have a go at the real game?

What can Sandbach/Northwich Offer you:

- Weekly training for 11-17 year olds with qualified Coaches
- Come and join the 30-40 girls already playing Rugby Union for the combined Sandbach-Northwich teams
- Players come from Sandbach, Congleton, Northwich, Nantwich, Winsford, Crewe, Stoke on Trent, Newcastle under Lyme and Lancashire
- 18 of our girls have played for North West England this season
- 7 of our girls attended the RFUW Performance Development Academy
- All standards welcome, **beginners through to existing team players**
- We are developing players and the Girls Game in close conjunction with the RFUW
- We have welcomed 6 new players to our squad this season, they are developing really well

Be part of the top girls section in the North and the largest sports club in Congleton Borough:

- Be part of our fully established Under 14's and Under 17's teams
- Play in regular competitive fixtures around the North West and Midlands
- Be part of a recognised and vital section of Sandbach Rugby Union Club
- Join in and enjoy the Club's active and lively social scene

For further information:

- Visit [www.sandbachrufc.co.uk](http://www.sandbachrufc.co.uk) then click on 'Under 14 Girls'
- Call **Nigel Farrar** on 01270 768644  
**Helen Wood** on 07919 561322  
**Kevin Jones** on 07753 826498

I will be attending the free introductory taster training session at 1400hrs on 16<sup>th</sup> July 2006 at Sandbach RUFC on Bradwall Road, Sandbach, CW11 1RA

Name ..... School Year.....

Address .....

Please return to Nigel Farrar, 199 Crewe Road, Sandbach, CW11 4PZ